Foot Care (Podiatry) Service

Keeping your feet healthy

Information for patients and carers

What is a podiatrist?

Podiatrists used to be called chiropodists

- They look after your feet
- They keep your feet healthy

What does the foot care service do?

First we do an assessment of your feet

Then, if you have a problem with your feet, we give you the right treatment

We can treat you by removing hard skin and corns on your feet
We can treat **ingrown toenails**

This is when the nail grows into your skin

We can also show you how to take care of some foot problems yourself

We can give you support and advice if you have a health condition which makes problems with your feet more likely

**Diabetes** is an example of one of these conditions.

**Who works at the podiatry service?**

Our team is made up of qualified podiatrists and trained podiatry assistants

**How can I use the service?**

If you are **an adult under 60** you must ask your doctor or other health worker to make a referral to us

Some people can self refer to our service – this is when you phone us up yourself
If you are

- over 60
- registered disabled
- pregnant or breastfeeding

you can use our service by calling our central booking office on 020 7685 5601

With a referral, you can also make an appointment for children under 16 by calling 020 7685 5601

If you are an inpatient at

- University College London Hospital (ward T7 only)
- St Pancras Hospital

the ward staff can make a referral for you

If you need an interpreter, please let us know as soon as you receive your appointment
Where do I go for treatment?

You will have your treatment in your choice of available clinics

There is a list of clinics and their opening hours at the end of this leaflet

Nail cutting service (for people over 50)

If you need help cutting your toenails and have no other health problems, contact Age UK (Camden)

Their phone number is 020 7239 0400

You will have to pay for this service

What if it is an emergency?

If your feet are swollen or infected, contact your doctor or go to the hospital straight away

If you are already using our service, you can contact us with an emergency problem
We will try to see you within 24 hours, but remember

we are only open

- **Monday** to **Friday**

- from **9am** to **5pm**

You can get a full list of our clinics and when they are open from our website

camdenproviderservices.nhs.uk/service/foot-care

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<thead>
<tr>
<th>Clinic Name</th>
<th>Address</th>
<th>Postcode</th>
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<tbody>
<tr>
<td>Foot care</td>
<td>208 Belsize Road</td>
<td>NW6 4DJ</td>
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<td>WC1E 1BN</td>
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<tr>
<td>Hunter street HC</td>
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Keeping your health notes private

- we will keep your health notes private
- we can tell you about how we keep your notes safe
- we can tell you how you can see your notes

Please tell us if you need this leaflet

- in larger print
- on audio CD
- in Braille
- in another language
If you have any complaints, compliments or comments, please contact:

The **Patient Support service**

The Patient support service would like to know what you think of our service

You can tell them what you think

- by letter

**Patient support service**

CNWL | Camden Provider Services
3rd Floor Bedford House
125 Camden High Street
London   NW1 7JR

- by phone

020 7685 5973

- by email

patientsupport.cps@nhs.net

Thanks to the Camden easy info group at The Advocacy Project for making this leaflet easier to read - updated August 2011