Your stay in hospital
Finding out what is wrong with you

Your name
______________________________________________________________

Your hospital doctor is
______________________________________________________________

You have come to:
______________________________________________________________

Date you came to hospital
______________________________________________________________

You have come into hospital under section 2 of the Mental Health Act. This leaflet is to help you understand what this means.
Why am I in hospital?

Two doctors say you are ill.

You may not feel ill.

The doctors will try to find out what is wrong with you.

You will get help to make you feel better.

You can be kept in hospital because Section 2 of the Mental Health Act 1983 says so.

The Mental Health Act 1983 is a law.
A law is like a rule.
How long will I be in hospital?

You can be kept in hospital for up to 28 days.

The doctor will say when you can leave hospital.

If you try to leave before the doctor says it is ok, you can be stopped.

If you leave hospital before the doctor says it is ok, you will be brought back.
What help will I get in hospital?

The doctors will try to find out what is wrong with you.

You may have to have tablets or medicine.

You will get help to make you feel better.

These are the people who will help you to get better:

- the doctor
- the nurses

Other people may help you to get better.
What happens next?

You can be kept in hospital for up to 28 days. A review will take place before 28 days.

The doctor will decide at the review if you still need to stay after 28 days.

Another part of the law called Section 3 of the Mental Health Act 1983 will allow your doctor to keep you in hospital longer.

You will be given a leaflet about this law, if you have to stay in hospital longer.