Psychosexual Assessment Service
Who does the service help?

The service offers a full psychosexual assessment to people with learning disabilities who are 16 years of age and older.

The service is also for people who have autism who may be at risk or vulnerable because of sexuality issues.

What does Psychosexual mean?

‘Sexual’ is about your body and sex

‘Psychosexual’ is about feelings and behaviours about sex and relationships

This service helps people who have had something bad happen about sexual feelings or behaviour.
What does Psychosexual mean?

- Difficulties with sex
- Difficulties with relationships
- Difficulty with being a man or a woman
- Sexual behaviour that the person feels upset about...
- Sexual addiction
- Sexual abuse or harassment
- Having troubles with the police because of these behaviours
Psychosexual Assessment

The assessment tries to find answers to the person’s issue with sexuality.

There are a maximum of 8 sessions with the assessor.

There may be some contact needed to the person’s family or carers for more information.

At the end we do a report based on what we find out.

In the report we suggest possible solutions to help and ways for the person to be safe.
What happens after the assessment?

Talk about treatment options at the psychosexual service

Here are some options for treatment

One to one sessions

Group sessions

Couples Sessions

The therapy can last for a short time or a long time

Sometimes we can give the persons’ family or carers and professionals some training on how to work with the person in a better way
If we can’t offer the answers we can help by giving information about other services that can.

Confidentiality

We don’t normally need to give information to other professionals.

Here are the reasons why we would talk to other professionals.

1. If you are at risk to yourself or others
2. If the court asks for the information

If we share the person’s information we tell the person first.
Referrals

Referrals are accepted in 3 ways

1. Social worker, psychologist, nurse or GP can make a referral for the person.

2. Other services can make referrals for the person.

3. The person can make a referral for themselves to the service.
Consent

It is important that the person understands the reason for the referral

The person should be given lots of information about the service so they can understand what is going to happen
Send your referral to:

Psychosexual Assessment Service,
The Kingswood Centre,
134 Honeypot Lane,
Kingsbury,
London NW9 9QY

You can call and ask for more information from

Effie Soultani
Or
Scott Galloway

0208 238 0900