Who are school health nurses?

School health nurses are qualified nurses with additional training to identify health needs and provide on-going care to children of school age. In most cases when your child is five years old, the care of your child will be transferred from your health visitor to your school nurse.

We ask that all parents of children in school Reception Year and those who have moved into the Borough of Harrow, complete and send in the questionnaire at the end of this leaflet.
What do school health nurses do?

**Health Surveillance**
At around five years of age your child will have health screening that includes height, weight and vision tests. If at any time you or your child’s teacher have concerns, additional health assessments can be arranged with your agreement.

The school nursing service works in partnership with parents, school staff, GPs, health visitors, safeguarding services and other agencies to support your child’s health and well-being.

As part of the screening process we will issue a brief online screening questionnaire for parents of Reception Year and Year 7 children to complete. Hard copies will be sent to you where email correspondence is not possible. It is important that these are completed and returned in order for our school nurses to respond to health issues appropriately.

If you would like to opt your child out of the health screening programme, please contact your School Nursing Team (see ‘How to contact us’).

**National Child Measurement Programme (NCMP)**

The majority of children in Reception and Year 6 have their growth measured as part of the NCMP.

It informs parents of the importance of healthy growth and simple measures in preventing future ill health such as heart disease, cancers and diabetes. This data also helps inform government health promotion programmes based on national trends.
Advice and special assistance
We provide general health and well-being advice and support for parents, children and school staff. We also offer specialist advice and support to parents, carers and school staff for children with medical needs such as asthma and severe allergies.

Health promotion
We provide health advice on a variety of issues to both parents and young people. To promote healthy weight, we offer young people one to one advice, support and group programmes on exercise and healthy eating.

Useful health advice

Dental health
Every child should visit the dentist regularly to support healthy teeth and gums. NHS dental care for children is free.

Eye health
Every child should be registered with an optician. Opticians provide free eye tests for all children.

Head lice
Please check your child’s hair weekly for head lice. We will be pleased to offer you advice on how to do this and treat it if required.

Immunisations
All children who attend school will be offered immunisations when it is needed in line with the national vaccination policy. An immunisation team will visit your child’s school to deliver this. A signed consent form is required at the time of each immunisation.
**How to contact us**

If you would like to get in touch with the School Health Service, please email us on **cnw-tr.harrowschoolnursing@nhs.net**. This is not an emergency service. Please dial **111** in the first instance in an emergency.

**Address:**
Milmans Resource Centre
Grove Avenue
Pinner HA5 5PF

**Translation Service**
Please tell us in advance of your appointment if you need an interpreter, this will help to ensure you receive the care you need.

**Data Protection**
Everyone working for the NHS has a legal duty to maintain the highest level of confidentiality.
As a healthcare provider we need to collect information about you; we will store this securely and ask for your permission to share information outside of the organisation. If you require further information please request a copy of our leaflet “How we keep your personal information safe”.

**Compliments, Concerns or Suggestions**

If you would like to make a compliment, suggestion or complaint, please get in touch with the school nurse team manager.

If this does not resolve your problem, please contact our Patient Feedback and Complaints Service:
Email: feedback.cnwl@nhs.net
Tel: 0300 013 4799
Harrow School Health

Dear Parent,

Please read this form and the accompanying information carefully, and return to your child’s school within two weeks. Alternatively, you can post it to your School Nursing Team - see ‘How to contact us’ for the postal address.

Child’s surname  NHS number

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First name  Name of parent/guardian

---------------------------------------------------------------  -------------------------------------

☐ Male  ☐ Female  Address

---------------------------------------------------------------

School

---------------------------------------------------------------

Current child health clinic

---------------------------------------------------------------

Name of health visitor (if known)

---------------------------------------------------------------

GP

---------------------------------------------------------------
Previous home address

Post code

Religion

Ethnic group
(please tick one box; this is optional)

White

[ ] English

[ ] Welsh

[ ] Scottish

[ ] Irish

[ ] Northern Irish

[ ] British

[ ] Any other white background

Mixed

[ ] White and Black Caribbean

[ ] White and Black African

[ ] White and Asian

[ ] Any other mixed background

Asian or Asian British

[ ] Indian

[ ] Pakistani

[ ] Bangladeshi

[ ] Chinese

[ ] Any other Asian background

Black or Black British

[ ] African

[ ] Caribbean

[ ] Any other black background

Other ethnic group

Please state: