OVERDONE IT?
The CNWL Club Drug Clinic offers support for people who are experiencing problems with club drugs.
WHO WE ARE

The CNWL Club Drug Clinic is a free service dedicated to club drug users living in the London boroughs of Hammersmith & Fulham, Kensington & Chelsea and Westminster.

We offer non-judgmental, professional support and advice to help deal with the problems associated with club drug use and help reduce the risks to your body, mind and people around you.

Our team includes highly specialised addiction doctors, psychologists, nurses, counsellors, family therapists, mindfulness practitioners and peer mentors.

We also work in partnership with Antidote at London Friend, to support lesbian, gay, bisexual and transgender (LGBT) club drug users. Together we are highly skilled at understanding where substance use problems may be linked to lifestyle and sexual behaviour (e.g. ‘chemsex’ parties).

THE DRUGS WE WORK WITH

We are experienced in working with all club drugs and legal highs including:

- GBL/GHB
- Mephedrone
- Ketamine
- ‘Crystal’ methamphetamine and other stimulants
- MDMA
- Cocaine
- Legal highs and research chemicals.
Our services include:

• Confidential information and advice including harm reduction
• A holistic, specialist assessment with a trained addictions specialist and doctor
• Working with you to address your needs
• Medically assisted withdrawal from substances (detoxification) including GBL/GHB
• Prescribed medication to help with the side effects of stopping substance use
• One-to-one talking treatments including motivational interviewing and relapse prevention, counselling, psychotherapy and cognitive behavioural therapy (CBT)
• Support for partners, family and friends including couples counselling

• Support groups including GBL/GHB preparation for detox, support from people with lived experience, ‘chemsex’ and change groups
• Sexual health screening
• Referral to specialist services such as urology for ‘ketamine bladder’

THE SERVICE AND WHAT TO EXPECT

We can help with the psychological, sexual, physical, relationship, housing and work problems related to club drug use. We offer personalised care for each client.

BESPOKE TRAINING FOR PROFESSIONALS

As a specialist service we are using our expertise working with Imperial College London to build evidence-based treatment for club drug problems. We offer tailored training packages for professionals around club drug trends, identification of problems and treatment options, working with diverse client groups. Please contact us to discuss your training needs on 020 3315 6111 or clubdrugclinic.cnwl@nhs.net.
You don’t need to be referred by your doctor; you can refer yourself. If you live in the London boroughs of Hammersmith & Fulham, Kensington & Chelsea and Westminster you can:

- Drop-in (no appointment necessary) Monday to Friday from 9.30am to 12noon
- Call to make an appointment on 020 3315 6111 or email us at clubdrugclinic.cnwl@nhs.net

You can also call or email for confidential advice for yourself or someone else affected by club drug use, or visit our website for more information: www.clubdrugclinic.com.

If you live outside our catchment area we recommend you contact your local substance misuse service via your GP or you can search for a local service on the NHS Choices website: www.nhs.uk. It may also be possible for you to arrange individual funding for treatment with us via your GP service. You can discuss this with your GP.

If you identify as lesbian, gay, bisexual or transgender you can receive support from our partner service Antidote at London Friend: 020 7833 1674. www.londonfriend.org.uk/antidote.
This document is also available in other languages, large print, Braille and audio format upon request. Please email communications.cnwl@nhs.net

Arabic

اين مدرك همچنين بنا به درخواست به زبانهای دیگر، در چاپ درشت و در قریه صوتی موجود است.

Farsi

این دکومنٹ انگلیسی، بزرگ طراحی، شرکت و همچنین نسخه به زبان های دیگر، در چاپ درشت و در قریه صوتی موجود است.

Bengali

Dokumentigaan waxaa xitaa lagu heli karaa luqado kale, daabacad far waa-wayn, farta indhoolaha (Braille) iyo hab dhegaysi ah markii la soo codsado.

Somali

Mediante solicitação, este documento encontra-se também disponível noutras línguas, num formato de impressão maior, em Braille e em áudio.

Portuguese

Este documento também está disponível y puede solicitarse en otros idiomas, letra grande, braille y formato de audio.

Spanish

Dokument ten jest na życzenie udostępniany także w innych wersjach językowych, w dużym druku, w alfabecie Braille’a lub w formacie audio.

Polish

Be belge istenirse, başka dillerde, iri harflerle, Braille ile (görme engelliler için) ve ses kasetinde de temin edilebilir.

Turkish
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More information is available on our website:
www.clubdrugclinic.com
or on our Twitter feed: @clubdrugclinic

We love to hear your thoughts on our services so please tell us what you think by visiting www.cnwl.nhs.uk/feedback