



Central and  
North West London  
NHS Foundation Trust

# Neuro rehabilitation service

## Information for patients



*Wellbeing for life*

## What we do

The Neuro Rehabilitation Service (NRS) provides rehabilitation for people over the age of 18 living with a range of neurological conditions including stroke, Parkinson's, head injury and Multiple Sclerosis. It consists of a multidisciplinary team who specialise in the assessment and treatment of neurological conditions and their symptoms.

The team working with you at the Neuro Rehabilitation Service may include:

- Physiotherapists
- Occupational Therapists
- Speech and Language Therapists
- Psychologists
- Consultant Reviewers
- Rehab Assistants

## Referral

Referral to the NRS is normally through our partner team, the Neuro Clinical Specialists. Referrals can also be made through your GP or other healthcare professional. The service aims to put you at the centre of the assessment

and treatment in ways that encourage you to manage your condition. When attending an initial appointment, time will be taken to understand your needs and devise rehabilitation goals that are appropriate, meaningful and achievable for you.

## Your Goals

The goals you identify will form your treatment plan, which will include one or more of the therapies offered by NRS. This plan will be coordinated by the NRS multidisciplinary team, in partnership with you, so that you gain the maximum benefit of the treatment offered.

## Appointments

Appointments will usually be at the Bletchley Community Hospital site where we are based. Depending on your goals, NRS may visit locations relevant to your participation in important activities i.e. Work, Gym, Support Clubs or in your own home.

## Your Rehabilitation

You may be offered group or individual therapy depending on your needs. Alongside this, your goals will be reviewed regularly and adapted so that you are able to achieve your potential and participate in activities that are important for you. Throughout your rehabilitation you will be able to include family or carers as you wish.

## Other Support Services

In order to provide high standards of rehabilitation we work alongside and liaise closely with other health and social care professionals including your Neuro Clinical Specialist, GP, dieticians, consultants, podiatrists, mental health services and social services.

## Where to find us

NRS is situated on the Bletchley Community Hospital Site on Whalley Drive. There is a small car park or it can be reached by buses 24 or 25. In special circumstance you may be eligible for patient transport. Please ask a member of staff if this is required.

## Contact us:

Monday – Friday 08:30 – 16:30

Neuro Rehabilitation Service,  
Bletchley Community Hospital,  
Whalley Drive, Bletchley,  
Milton Keynes, MK3 6EN

Tel. 01908 379440

Neuro Clinical Specialists:  
01908 650447

## Tell us, we're listening!

Our staff want to know how they are doing. Tell us what you think at [www.cnwl.nhs.uk/feedback](http://www.cnwl.nhs.uk/feedback) then we'll know what we have to do.

If you are unhappy with any of the care you have received from the NRS, please speak to the service manager in the first instance. If this does not resolve your problem, please contact our Patient Support Service on **0300 013 4799** or at [feedback.cnwl@nhs.net](mailto:feedback.cnwl@nhs.net)

This document is also available in other languages, large print, Braille, and audio format upon request. Please email [communications.cnwl@nhs.net](mailto:communications.cnwl@nhs.net)

We are now able to communicate with deaf or hard of hearing people via Text Relay. If you are making a call from a text phone dial **18001 + 01908 370440**

Dokument ten jest na życzenie udostępniany także w innych wersjach językowych, w dużym druku, w alfabecie Braille'a lub w formacie audio.

### **Polish**

நீங்கள் கேட்டுக்கொண்டால், இந்த ஆவணம் வேறு மொழிகளிலும், பெரிய எழுத்து அச்சிலும் அல்லது ஒலிநாடா வடிவிலும் அளிக்கப்படும்.

### **Tamil**

درخواست پر یہ دستاویز دیگر زبانوں میں، بڑے حروف کی چھپائی اور سننے والے ذرائع پر بھی میسر ہے۔

### **Urdu**

این مدرک همچنین بنا به درخواست به زبانهای دیگر، در چاپ درشت و در فرمت صوتی موجود است.

### **Farsi**

Šį dokumentą paprašius taip pat galima gauti kitomis kalbomis, dideliu šriftu, Brailio raštu ir garso juostoje. Prašome kreiptis el.

### **Lithuanian**

Mediante solicitação, este documento encontra-se também disponível noutras línguas, num formato de impressão maior, em Braille e em áudio.

### **Portuguese**

Este documento también está disponible y puede solicitarse en otros idiomas, letra grande, braille y formato de audio.

### **Spanish**

এই ডকুমেন্ট অন্য ভাষায়, বড় প্রিন্ট আকারে, ব্রেল এবং অডিও টেপ আকারেও অনুরোধ পাওয়া যায়

### **Bengali**

Dokumentigaan waxaa xitaa lagu heli karaa luqado kale, daabacad far waa-wayn, farta indhoolaha (Braille) iyo hab dhegaysi ah markii la soo codsado.

### **Somali**

Настоящий документ по отдельному запросу можно получить в переводе на другие языки, напечатанным крупным шрифтом или на аудиокассете.

### **Russian**