



NHS

Central and
North West London
NHS Foundation Trust

The Hanen More Than Words® parent training course



Wellbeing for life

If your child has been diagnosed with an Autism Spectrum Disorder or other social communication difficulties, you will know how challenging it can be for him or her to interact meaningfully with others and to connect with the world.

The More Than Words Programme has been designed specifically for parents like you with children aged five or under who are on the Autism Spectrum or have other social communication difficulties. It will address each child's unique needs by providing you with the tools, strategies and support you need to help them reach their full potential.



More Than Words works by empowering you to help your child reach the following three goals:

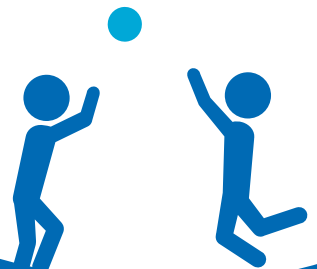
1 Improved social communication and back-and-forth interactions

2 Improved play skills

3 Improved imitation skills.

Here are some of the valuable things you'll learn when you attend the More Than Words Programme:

- What motivates your child to communicate
- How to use your knowledge about your child to set appropriate and realistic goals
- How to make interactions with your child last longer
- Tips for using pictures and print to help your child's understanding
- Strategies for how to talk so that your child understands you
- Strategies for developing your child's play skills
- Ways to help your child make friends.



What is involved in the course?

The More Than Words parent programme is led by a Hanen-certified Speech and Language Therapist and includes:

- Eight training sessions in small, personalised groups. These are usually evening classes run at Milton Keynes Hospital
- A pre-program consultation for you and your child with your Speech and Language Therapist
- Three individual appointments for you and your child in which you are videotaped while practising with your child. Then you and your therapist watch the videotaped interaction to “see” what’s helping and what you can modify to help even more.

“Thank you for giving me my son back – he now has a voice and the future is brighter.”



Parental feedback from previous courses

Milton Keynes SLT has been running Hanen courses for over 10 years. As therapists, we know this training will support you as parents to be the most effective communicators with your child and in turn will develop your child's communication and interaction skills. But it is not just us who believe in the power of the course; here are some parent testimonies:

"Now I am enthusiastic to teach my son. I feel encouraged to get him to reach the next level."

"I feel more positive that I can help my child and have stopped blaming myself."



"This course helped me to understand my child's needs and taught me that love needs no words."

"This course has really helped me in so many ways... I understand him a lot better now and I can get him to try new things. My son is like a new person and I enjoy spending time with him."

"This Programme helped me understand my son. My son is now a very happy little boy who's learnt to show his needs. I loved that course, very helpful."



Contact details

Speech and Language
Therapy Service
Eaglestone Health Centre
Milton Keynes
MK6 5AZ
Tel 01908 725299

Tell us we're listening

We aim to provide the best possible service and welcome positive feedback.

Tell us what you think at www.cnwl.nhs.uk/feedback.

If you are unhappy with the service received then please speak to the Service Lead in the first instance via the administration team on 01908 725299. If your concerns are not resolved then you can contact the Patient Support Service on 0300 013 4799



This document is also available in other languages, large print, Braille, and audio format upon request. Please email communications.cnwl@nhs.net

Dokument ten jest na życzenie udostępniany także w innych wersjach językowych, w dużym druku, w alfabecie Braille'a lub w formacie audio.

Polish

நீங்கள் கேட்டுக்கொண்டால், இந்த ஆவணம் வேறு மொழிகளிலும், பெரிய எழுத்து அச்சிலும் அல்லது ஒலிநாடா வடிவிலும் அளிக்கப்படும்.

Tamil

درخواست پر یہ دستاویز دیگر زبانوں میں، بڑے حروف کی چھپائی اور سننے والے ذرائع پر بھی میسر ہے۔

Urdu

این مدرک همچنین بنا به درخواست به زبانهای دیگر، در چاپ درشت و در فرمت صوتی موجود است.

Farsi

Šį dokumentą paprašius taip pat galima gauti kitomis kalbomis, dideliu šriftu, Brailio raštu ir garso juostoje. Prašome kreiptis el.

Lithuanian

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Portuguese

Este documento también está disponible y puede solicitarse en otros idiomas, letra grande, braille y formato de audio.

Spanish

এই ডকুমেন্ট অন্য ভাষায়, বড় প্রিন্ট আকারে, ব্রেল এবং অডিও টেপ আকারেও অনুরোধ পাওয়া যায়

Bengali

Dokumentigaan waxaa xitaa lagu heli karaa luqado kale, daabacad far waa-wayn, farta indhoolaha (Braille) iyo hab dhegaysi ah markii la soo codsado.

Somali

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Russian