



**NHS**

Central and  
North West London  
NHS Foundation Trust

# It Takes Two to Talk<sup>®</sup> Program



*Wellbeing for life*

**The “It Takes Two to Talk” Programme is designed specifically for parents of young children (up to five years of age) who have been identified as having a language delay.**

In a small, personalised group setting, parents learn practical strategies to help their children learn language naturally during their normal day.



The “It Takes Two to Talk” Programme teaches you, step-by-step, how to become your child’s most important language teacher. The programme shows you how to:

- Recognise your child’s stage and style of communication so that you know which steps to take next
- Identify what motivates your child to interact with you so you’ll know how to get conversations started
- Adjust everyday routines to help your child take turns and keep interactions going
- Follow your child’s lead to build his confidence and encourage him to communicate
- Add language to interactions with your child to help him understand language and then use it when he is ready
- Tweak the way you play and read books with your child to help him learn language
- Change the way you speak to your child so that he’ll understand and learn new words.



## What is involved in the course?

The course is led by a Hanen-certified Speech and Language Therapist and includes:

- Six to eight training sessions in a small, personalised group. These sessions are usually evening classes.
- A pre-programme consultation for you and your child with your Speech and Language Therapist
- Three individual appointments for you and your child in which you are videotaped while practicing with your child. Then you and your therapist watch the videotaped interaction to “see” what’s helping and what you can modify to help even more.

**“I loved the programme and can use this course for all of my children’s language development”**



## Parental feedback from previous courses

Milton Keynes SLT has been running Hanen courses for over 10 years and we know this training will support you as parents to be the most effective communicators with your child. In turn, this will develop your child's communication and interaction skills. But it is not just us that believes in the power of the course; here are some parent testimonies:

**"The course helps you to understand your child's needs better, it's very simple once you have been and done the course."**

**"Great fun; the therapist is lovely and very helpful."**





"The therapist was very helpful and willing to provide tailored suggestions for my child."

"It has been really enjoyable and it is great that it is in the evening so that my husband can come."

"This has opened my child's communication up."

## Contact details

Speech and Language  
Therapy Service  
Eaglestone Health Centre  
Milton Keynes  
MK6 5AZ  
Tel 01908 725299

## Tell us we're listening

We aim to provide the best possible service and welcome positive feedback.

Tell us what you think at [www.cnwl.nhs.uk/feedback](http://www.cnwl.nhs.uk/feedback).

If you are unhappy with the service received then please speak to the Service Lead in the first instance via the administration team on 01908 725299. If your concerns are not resolved then you can contact the Patient Support Service on 0300 013 4799

**“Extremely useful tools to expand on my child’s knowledge base.”**

**“Provides helpful tips for any parents that are helping their children to start speaking.”**

This document is also available in other languages, large print, Braille, and audio format upon request. Please email [communications.cnwl@nhs.net](mailto:communications.cnwl@nhs.net)

Dokument ten jest na życzenie udostępniany także w innych wersjach językowych, w dużym druku, w alfabecie Braille'a lub w formacie audio.

### **Polish**

நீங்கள் கேட்டுக்கொண்டால், இந்த ஆவணம் வேறு மொழிகளிலும், பெரிய எழுத்து அச்சிலும் அல்லது ஒலிநாடா வடிவிலும் அளிக்கப்படும்.

### **Tamil**

درخواست پر یہ دستاویز دیگر زبانوں میں، بڑے حروف کی چھپائی اور سننے والے ذرائع پر بھی میسر ہے۔

### **Urdu**

این مدرک همچنین بنا به درخواست به زبانهای دیگر، در چاپ درشت و در فرمت صوتی موجود است.

### **Farsi**

Šį dokumentą paprašius taip pat galima gauti kitomis kalbomis, dideliu šriftu, Brailio raštu ir garso juostoje. Prašome kreiptis el.

### **Lithuanian**

Mediante solicitação, este documento encontra-se também disponível noutras línguas, num formato de impressão maior, em Braille e em áudio.

### **Portuguese**

Este documento también está disponible y puede solicitarse en otros idiomas, letra grande, braille y formato de audio.

### **Spanish**

এই ডকুমেন্ট অন্য ভাষায়, বড় প্রিন্ট আকারে, ব্রেল এবং অডিও টেপ আকারেও অনুরোধ পাওয়া যায়

### **Bengali**

Dokumentigaan waxaa xitaa lagu heli karaa luqado kale, daabacad far waa-wayn, farta indhoolaha (Braille) iyo hab dhegaysi ah markii la soo codsado.

### **Somali**

Настоящий документ по отдельному запросу можно получить в переводе на другие языки, напечатанным крупным шрифтом или на аудиокассете.

### **Russian**