

# Female Psychiatric Intensive Care Unit (PICU) Shannon Ward St Charles Hospital

Shannon Ward at CNWL provides high quality, psychiatric intensive care in a safe, comfortable, stimulating, friendly and secure environment for female patients who are in an acutely disturbed phase of a serious mental disorder and who are detained under the Mental Health Act. Referrers and carers can be assured that any patients referred to the service remain onsite within Central London. Shannon Ward clinicians work very closely with local services/referrers on short-term and long-term treatment plans.

**To make a referral to Shannon Ward PICU services, please call Telephone: 0786 460 2742 Email: shannonward.cnwl@nhs.net**

Kensington and Chelsea, Female PICU Shannon Ward, St Charles Mental Health Unit, Exmoor Street W10 6DZ

### Multidisciplinary Clinical Team

- Fulltime consultant psychiatrist plus ward doctors
- Dedicated consultant pharmacist
- Ward matron and nursing team
- Occupational therapist
- Activity coordinator and specialist therapists
- Fitness coordinator

### Accommodation and facilities

- Garden
- TV lounge
- Dining area
- Activity room
- Internet access
- Therapies room
- On-the-ward gym
- Access to a multi-faith room
- 12 single bedrooms (en-suite)
- Access to a family visiting room
- High specification seclusion room
- Activity of daily living kitchen for patients use

### Specialist interventions include

- Occupational therapy with 7 day a week activities
- Art therapy, Music therapy, Dance therapy
- Psychological therapies and talking therapies group
- Tai Chi
- Advocacy services
- Chaplaincy services

### Care model

The model of care and treatment is patient centred, multidisciplinary, intensive, and comprehensive to ensure rapid management of an individuals' needs and ensuring the shortest length of stay possible.

### Benefits

- ✓ Shannon PICU is a single sex ward to help preserve patients' dignity while being severely ill.
- ✓ Women feel empowered as a result of being able to share experiences with mutual support.
- ✓ Carers feel confident knowing that their relatives will be cared for in a women only environment.

